Sci High November Snack & Supper Menu



The following are served daily:
Fruit choices include: Apples, Bananas, Oranges, Seasonal Options.
Milk Choices include: 1% Plain, Non-Fat Plain, Non-Fat Flavored.

4 -Snack- String Cheese Fruit -Supper- Ham & Cheese Sandwich Cherry Tomatoes	5 -Snack- Goldfish Carrot Sticks w/ Ranch -Supper- Bacon Chicken Wrap Celery Sticks	6 -Snack- Graham Snacks Fruit -Supper- Chicken Ceasar Salad Wrap Carrot Sticks	7 -Snack- Cheez-Its Celery Sticks w/ Ranch -Supper- Chicken Salad w/ Crackers Carrot Sticks	8
Fruit Choice Milk Choice	Fruit Choice Milk Choice	Fruit Choice Milk Choice	Fruit Choice Milk Choice	
11 -Snack- String Cheese Fruit	12 -Snack- Goldfish Carrot Sticks w/ Ranch	13 -Snack- Graham Snacks Fruit	14 -Snack- Cheez-Its Celery Sticks w/ Ranch	15
-Supper- Turkey & Cheese Sandwich Carrot Sticks Fruit Choice Milk Choice	- Supper- Crispy Chicken Wrap Broccoli Florets Fruit Choice Milk Choice	-Supper- Bacon Chicken Wrap Celery Sticks Fruit Choice Milk Choice	-Supper- Ham & Cheese Sandwich Cherry Tomatoes Fruit Choice Milk Choice	
18 -Snack- String Cheese Fruit	19 -Snack- Goldfish Carrot Sticks w/ Ranch	20 - Snack- Graham Snacks Fruit	21 -Snack- Cheez-Its Celery Sticks w/ Ranch	22
-Supper- Chicken Salad w/ Crackers Carrot Sticks Fruit Choice Milk Choice	-Supper- Turkey & Bacon Wrap Cherry Tomtatoes Fruit Choice Milk Choice	-Supper- Buffalo Chicken Wrap Broccoli Florets Fruit Choice Milk Choice	-Supper- Chicken Caesar Salad Wrap Celery Sticks Fruit Choice Milk Choice	
25	26	27	28	29
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(1) Mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; (2) Fax: (202) 690-7442; or email: program.intake@usda.gov.

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