## **Sci High February Snack & Supper Menu**



The following are served daily: Fruit choices include: Apples, Bananas, Oranges, Seasonal Options. Milk Choices include: 1% Plain, Non-Fat Plain, Non-Fat Flavored.

| 7         | 6<br>-Snack-           | 5<br>-Snack-             | 4<br>Snook                         | 3                         |
|-----------|------------------------|--------------------------|------------------------------------|---------------------------|
|           | -Snack-<br>Cheez-Its   | -Snack-<br>Graham Snacks | - <b>Snack-</b><br>Goldfish        | -Snack-                   |
|           |                        | Granam Snacks<br>Fruit   | Goldfish<br>Carrot Sticks w/ Ranch | String Cheese             |
|           | Celery Sticks w/ Ranch | Fluit                    | Carlot Sticks w/ Ranch             | Fruit                     |
|           | -Supper-               | -Supper-                 | -Supper-                           | -Supper-                  |
|           | Ham & Cheese Sandwich  | Bacon Chicken Wrap       | Crispy Chicken Wrap                | Turkey & Cheese Sandwich  |
|           | Cherry Tomatoes        | Celery Sticks            | Broccoli Florets                   | Carrot Sticks             |
|           | Fruit Choice           | Fruit Choice             | Fruit Choice                       | Fruit Choice              |
|           | Milk Choice            | Milk Choice              | Milk Choice                        | Milk Choice               |
| 14        | 13                     | 12                       | 11                                 | 10                        |
|           | -Snack-                | -Snack-                  | -Snack-                            | -Snack-                   |
|           | Cheez-Its              | Graham Snacks            | Goldfish                           | String Cheese             |
|           | Celery Sticks w/ Ranch | Fruit                    | Carrot Sticks w/ Ranch             | Fruit                     |
|           | -Supper-               | -Supper-                 | -Supper-                           | -Supper-                  |
|           | Pasta Salad            | Buffalo Chicken Wrap     | Turkey & Bacon Wrap                | Chicken Salad w/ Crackers |
|           | Fruit Choice           | Broccoli Florets         | Cherry Tomtatoes                   | Carrot Sticks             |
|           | Milk Choice            | Fruit Choice             | Fruit Choice                       | Fruit Choice              |
|           |                        | Milk Choice              | Milk Choice                        | Milk Choice               |
| 21        | 20                     | 19                       | 18                                 | 17                        |
|           | -Snack-                | -Snack-                  | -Snack-                            | -Snack-                   |
|           | Cheez-Its              | Graham Snacks            | Goldfish                           | String Cheese             |
| NO SCHOOL | Celery Sticks w/ Ranch | Fruit                    | Carrot Sticks w/ Ranch             | Fruit                     |
|           | -Supper-               | -Supper-                 | -Supper-                           | -Supper-                  |
|           | Chicken Caesar Salad   | Pasta Salad              | Crispy Chicken Wrap                | Ham & Cheese Sandwich     |
|           | Crackers               | Fruit Choice             | Cherry Tomtatoes                   | Cherry Tomatoes           |
|           | Fruit Choice           | Milk Choice              | Fruit Choice                       | Fruit Choice              |
|           | Milk Choice            |                          | Milk Choice                        | Milk Choice               |
| 28        | 27                     | 26                       | 25                                 | 24                        |
|           |                        |                          |                                    |                           |

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