

Sci High Lunch Menu

November 18th-22nd, 2019

Our menus are aligned with the USDAs Healthier U.S. School Challenge.

SIDES

A variety of sides offered daily!

Locally grown items are offered as available. Daily Fruit Choice may include: Apples, Bananas, Oranges, Dried Fruit, or Seasonal Choice. Milk Choice Includes: 1% Plain, Skim, Non-Fat Flavored.

Enjoy a Homestyle Meal

Made just for you

FAVORITES

- MONDAY** Red Beans & Rice with Cornbread
- TUESDAY** Breakfast for Lunch
- WEDNESDAY** Baked Pasta
- THURSDAY** Thanksgiving Dinner!
Turkey, Dressing, Cranberry Sauce
- FRIDAY** Friday Pizza Special

Fresh Sandwiches/Subs

Made to order daily

DELI

- MONDAY** Bacon Chicken Wrap
- TUESDAY** Bacon Chicken Wrap
- WEDNESDAY** Bacon Chicken Wrap
- THURSDAY** Bacon Chicken Wrap
- FRIDAY** Friday Pizza Special

SALADS

A Variety of Specialty Salads

Served with WGR Bread or Crackers

- MONDAY** Caesar Salad
- TUESDAY** Caesar Salad
- WEDNESDAY** Caesar Salad
- THURSDAY** Caesar Salad
- FRIDAY** Friday Pizza Special

PIZZA

Made Fresh Daily

Featuring your Favorite Toppings

- MONDAY** Cheese Pizza, Pepperoni Pizza
- TUESDAY** Cheese Pizza, Pepperoni Pizza
- WEDNESDAY** Cheese Pizza, Pepperoni Pizza
- THURSDAY** Cheese Pizza, Pepperoni Pizza
- FRIDAY** Friday Pizza Special

GRILL

Hot Grab N Go Items

Made Fresh Daily

- MONDAY** Crispy Chicken Sandwich
- TUESDAY** Crispy Chicken Sandwich
- WEDNESDAY** Crispy Chicken Sandwich
- THURSDAY** Crispy Chicken Sandwich
- FRIDAY** Friday Pizza Special

This institution is an equal opportunity provider.

Nutrition Information is available upon request.



Mix It Up with a Fresh Salad!

V Fresh options to create a salad unique to you!



MONDAY	Salad Bar
TUESDAY	Salad Bar
WEDNESDAY	Salad Bar
THURSDAY	Salad Bar
FRIDAY	Salad Bar

Our Daily Vegetable Offering



MONDAY	Collard Greens, Glazed Carrots
TUESDAY	Hashbrowns, Baked Beans
WEDNESDAY	Mixed Vegetables, Roasted Broccoli
THURSDAY	Thanksgiving Dinner! Sweet Potato Casserole, Green Beans
FRIDAY	Carrot Sticks, Corn on the Cob

Nutrition Information is available upon request.

