

# Sci High Lunch Menu

March 23rd-27th, 2020

Our menus are aligned with the USDAs Healthier U.S. School Challenge.

## SIDES

**A variety of sides offered daily!**

Locally grown items are offered as available. Daily Fruit Choice may include: Apples, Bananas, Oranges, Dried Fruit, or Seasonal Choice. Milk Choice Includes: 1% Plain, Skim, Non-Fat Flavored.

## Enjoy a Homestyle Meal

*Made just for you*

## FAVORITES

<b>MONDAY</b>	Fried Catfish Sandwich
<b>TUESDAY</b>	Breakfast for Lunch
<b>WEDNESDAY</b>	Chinese Food Bar
<b>THURSDAY</b>	BBQ Chicken w/ Mac & Cheese
<b>FRIDAY</b>	Friday Pizza Special

## Fresh Sandwiches/Subs

*Made to order daily*

## DELI

<b>MONDAY</b>	Turkey & Cheese Sandwich
<b>TUESDAY</b>	Turkey & Cheese Sandwich
<b>WEDNESDAY</b>	Turkey & Cheese Sandwich
<b>THURSDAY</b>	Turkey & Cheese Sandwich
<b>FRIDAY</b>	Turkey & Cheese Sandwich

## SALADS

## A Variety of Specialty Salads

*Served with WGR Bread or Crackers*

<b>MONDAY</b>	Chicken Salad
<b>TUESDAY</b>	Chicken Salad
<b>WEDNESDAY</b>	Chicken Salad
<b>THURSDAY</b>	Chicken Salad
<b>FRIDAY</b>	Chicken Salad

## PIZZA

## Made Fresh Daily

*Featuring your Favorite Toppings*

<b>MONDAY</b>	Cheese Pizza, Pepperoni Pizza
<b>TUESDAY</b>	Cheese Pizza, Pepperoni Pizza
<b>WEDNESDAY</b>	Cheese Pizza, Pepperoni Pizza
<b>THURSDAY</b>	Cheese Pizza, Pepperoni Pizza
<b>FRIDAY</b>	Cheese Pizza, Pepperoni Pizza

## GRILL

## Hot Grab N Go Items

*Made Fresh Daily*

<b>MONDAY</b>	BBQ Chicken Sandwich
<b>TUESDAY</b>	BBQ Chicken Sandwich
<b>WEDNESDAY</b>	BBQ Chicken Sandwich
<b>THURSDAY</b>	BBQ Chicken Sandwich
<b>FRIDAY</b>	BBQ Chicken Sandwich

*This institution is an equal opportunity provider.*

Nutrition Information is available upon request.

CROSSROADS  
**CAFE**  
by *sodexo*

### Italian Pasta Bar!



*Your choice of Pasta, Chicken or Meatballs,*

**CREATIONS**

<b>MONDAY</b>	Pasta Bar
<b>TUESDAY</b>	Pasta Bar
<b>WEDNESDAY</b>	Pasta Bar
<b>THURSDAY</b>	Pasta Bar
<b>FRIDAY</b>	Pasta Bar

**SIDES**

### Our Daily Vegetable Offering

*Tater tots available on select days*

<b>MONDAY</b>	Sauteed Spinach, Sweet Potato Wedges
<b>TUESDAY</b>	Hashbrowns, Baked Beans
<b>WEDNESDAY</b>	Roasted Broccoli, Mixed Vegetables
<b>THURSDAY</b>	Roasted Summer Squash, Stewed Okra
<b>FRIDAY</b>	Hashbrowns, Corn on the Cob

Nutrition Information is available upon request.

