

Sci High Lunch Menu

March 16th-20th, 2020

Our menus are aligned with the USDAs Healthier U.S. School Challenge.

SIDES

A variety of sides offered daily!

Locally grown items are offered as available. Daily Fruit Choice may include: Apples, Bananas, Oranges, Dried Fruit, or Seasonal Choice. Milk Choice Includes: 1% Plain, Skim, Non-Fat Flavored.

Enjoy a Homestyle Meal

Made just for you

FAVORITES

MONDAY	White Beans & Rice w/ Smoked Sausage
TUESDAY	Taco Tuesday!
WEDNESDAY	Salisbury Steak w/ Brown Rice
THURSDAY	Lemon Pepper Chicken w/ Mashed Potatoes
FRIDAY	NO SCHOOL

Fresh Sandwiches/Subs

Made to order daily

DELI

MONDAY	Chicken Salad Wrap
TUESDAY	Chicken Salad Wrap
WEDNESDAY	Chicken Salad Wrap
THURSDAY	Chicken Salad Wrap
FRIDAY	NO SCHOOL

SALADS

A Variety of Specialty Salads

Served with WGR Bread or Crackers

MONDAY	Crispy Chicken Salad
TUESDAY	Crispy Chicken Salad
WEDNESDAY	Crispy Chicken Salad
THURSDAY	Crispy Chicken Salad
FRIDAY	NO SCHOOL

PIZZA

Made Fresh Daily

Featuring your Favorite Toppings

MONDAY	Cheese Pizza, Pepperoni Pizza
TUESDAY	Cheese Pizza, Pepperoni Pizza
WEDNESDAY	Cheese Pizza, Pepperoni Pizza
THURSDAY	Cheese Pizza, Pepperoni Pizza
FRIDAY	NO SCHOOL

GRILL

Hot Grab N Go Items

Made Fresh Daily

MONDAY	Hamburger/Cheeseburger
TUESDAY	Hamburger/Cheeseburger
WEDNESDAY	Hamburger/Cheeseburger
THURSDAY	Hamburger/Cheeseburger
FRIDAY	NO SCHOOL

This institution is an equal opportunity provider.

Nutrition Information is available upon request.

CROSSROADS
CAFE
by *sodexo*

Loaded Baked Potato Bar



Try a yummy baked potato with all the fixins!

CREATIONS

MONDAY	Baked Potato Bar
TUESDAY	Baked Potato Bar
WEDNESDAY	Baked Potato Bar
THURSDAY	Baked Potato Bar
FRIDAY	NO SCHOOL

SIDES

Our Daily Vegetable Offering

MONDAY	Collard Greens, Mixed Vegetables
TUESDAY	Steamed Corn, Black Beans
WEDNESDAY	Glazed Carrots, Roasted Red Potatoes
THURSDAY	Sauteed Spinach, Green Beans
FRIDAY	NO SCHOOL

Nutrition Information is available upon request.

