

Sci High Lunch Menu

January 20th-24th, 2020

Our menus are aligned with the USDAs Healthier U.S. School Challenge.

SIDES

A variety of sides offered daily!

Locally grown items are offered as available. Daily Fruit Choice may include: Apples, Bananas, Oranges, Dried Fruit, or Seasonal Choice. Milk Choice Includes: 1% Plain, Skim, Non-Fat Flavored.

Enjoy a Homestyle Meal

Made just for you

FAVORITES

MONDAY	NO SCHOOL
TUESDAY	Spaghetti & Meatballs
WEDNESDAY	Salisbury Steak w/ Mashed Potatoes
THURSDAY	Lemon Pepper Chicken w/ Brown Rice
FRIDAY	Soup Special Friday Sandwich Special

Fresh Sandwiches/Subs

Made to order daily

DELI

MONDAY	NO SCHOOL
TUESDAY	Chicken Salad Wrap
WEDNESDAY	Chicken Salad Wrap
THURSDAY	Chicken Salad Wrap
FRIDAY	Soup Special Friday Sandwich Special

SALADS

A Variety of Specialty Salads

Served with WGR Bread or Crackers

MONDAY	NO SCHOOL
TUESDAY	Crispy Chicken Salad
WEDNESDAY	Crispy Chicken Salad
THURSDAY	Crispy Chicken Salad
FRIDAY	Soup Special Friday Sandwich Special

PIZZA

Made Fresh Daily

Featuring your Favorite Toppings

MONDAY	NO SCHOOL
TUESDAY	Cheese Pizza, Pepperoni Pizza
WEDNESDAY	Cheese Pizza, Pepperoni Pizza
THURSDAY	Cheese Pizza, Pepperoni Pizza
FRIDAY	Cheese Pizza, Pepperoni Pizza

GRILL

Hot Grab N Go Items

Made Fresh Daily

MONDAY	NO SCHOOL
TUESDAY	Hamburger/Cheeseburger
WEDNESDAY	Hamburger/Cheeseburger
THURSDAY	Hamburger/Cheeseburger
FRIDAY	Soup Special Friday Sandwich Special

This institution is an equal opportunity provider.

Nutrition Information is available upon request.



Loaded Baked Potato Bar

V Try a yummy baked potato with all the fixins!



- MONDAY** NO SCHOOL
- TUESDAY** Baked Potato Bar
- WEDNESDAY** Baked Potato Bar
- THURSDAY** Baked Potato Bar
- FRIDAY** Baked Potato Bar

Our Daily Vegetable Offering



- MONDAY** NO SCHOOL
- TUESDAY** Roasted Broccoli, Romaine Side Salad
- WEDNESDAY** Glazed Carrots, Sauteed Spinach
- THURSDAY** White Beans, Roasted Red Potatoes
- FRIDAY** Potato Salad, Corn on the Cob

Nutrition Information is available upon request.

