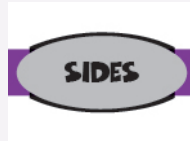


Sci High Lunch Menu

February 17th-21st, 2020

Our menus are aligned with the USDAs Healthier U.S. School Challenge.



A variety of sides offered daily!

Locally grown items are offered as available. Daily Fruit Choice may include: Apples, Bananas, Oranges, Dried Fruit, or Seasonal Choice. Milk Choice Includes: 1% Plain, Skim, Non-Fat Flavored.

Enjoy a Homestyle Meal
Made just for you



- MONDAY** White Beans & Rice w/ Smoked Sausage
- TUESDAY** Spaghetti & Meatballs
- WEDNESDAY** Salisbury Steak w/ Mashed Potatoes
- THURSDAY** Manager's Special
- FRIDAY** NO SCHOOL

Fresh Sandwiches/Subs
Made to order daily



- MONDAY** Chicken Salad Wrap
- TUESDAY** Chicken Salad Wrap
- WEDNESDAY** Chicken Salad Wrap
- THURSDAY** Chicken Salad Wrap
- FRIDAY** NO SCHOOL



A Variety of Specialty Salads
Served with WGR Bread or Crackers

- MONDAY** Crispy Chicken Salad
- TUESDAY** Crispy Chicken Salad
- WEDNESDAY** Crispy Chicken Salad
- THURSDAY** Crispy Chicken Salad
- FRIDAY** NO SCHOOL



Made Fresh Daily
Featuring your Favorite Toppings

- MONDAY** Cheese Pizza, Pepperoni Pizza
- TUESDAY** Cheese Pizza, Pepperoni Pizza
- WEDNESDAY** Cheese Pizza, Pepperoni Pizza
- THURSDAY** Cheese Pizza, Pepperoni Pizza
- FRIDAY** NO SCHOOL



Hot Grab N Go Items
Made Fresh Daily

- MONDAY** Hamburger/Cheeseburger
- TUESDAY** Hamburger/Cheeseburger
- WEDNESDAY** Hamburger/Cheeseburger
- THURSDAY** Hamburger/Cheeseburger
- FRIDAY** NO SCHOOL

This institution is an equal opportunity provider.

Nutrition Information is available upon request.



Loaded Baked Potato Bar

V Try a yummy baked potato with all the fixins!



- MONDAY** Baked Potato Bar
- TUESDAY** Baked Potato Bar
- WEDNESDAY** Baked Potato Bar
- THURSDAY** Baked Potato Bar
- FRIDAY** NO SCHOOL

Our Daily Vegetable Offering



- MONDAY** Collard Greens, Mixed Vegetables
- TUESDAY** Roasted Broccoli, Romaine Side Salad
- WEDNESDAY** Glazed Carrots, Sauteed Spinach
- THURSDAY** White Beans, Roasted Red Potatoes
- FRIDAY** NO SCHOOL

Nutrition Information is available upon request.

