

Sci High Lunch Menu

December 9th-13th, 2019

Our menus are aligned with the USDAs Healthier U.S. School Challenge.

SIDES

A variety of sides offered daily!

Locally grown items are offered as available. Daily Fruit Choice may include: Apples, Bananas, Oranges, Dried Fruit, or Seasonal Choice. Milk Choice Includes: 1% Plain, Skim, Non-Fat Flavored.

Enjoy a Homestyle Meal

Made just for you

FAVORITES

MONDAY	Crispy Chicken Nuggets w/ Mac & Cheese
TUESDAY	BBQ Pork Riblet w/ Mashed Potatoes
WEDNESDAY	Spaghetti & Meatballs
THURSDAY	Bagged Lunch
FRIDAY	Bagged Lunch

Fresh Sandwiches/Subs

Made to order daily

DELI

MONDAY	Buffalo Chicken Wrap
TUESDAY	Buffalo Chicken Wrap
WEDNESDAY	Buffalo Chicken Wrap
THURSDAY	Bagged Lunch
FRIDAY	Bagged Lunch

SALADS

A Variety of Specialty Salads

Served with WGR Bread or Crackers

MONDAY	Chef Salad
TUESDAY	Chef Salad
WEDNESDAY	Chef Salad
THURSDAY	Bagged Lunch
FRIDAY	Bagged Lunch

PIZZA

Made Fresh Daily

Featuring your Favorite Toppings

MONDAY	Cheese Pizza, Pepperoni Pizza
TUESDAY	Cheese Pizza, Pepperoni Pizza
WEDNESDAY	Cheese Pizza, Pepperoni Pizza
THURSDAY	Bagged Lunch
FRIDAY	Bagged Lunch

GRILL

Hot Grab N Go Items

Made Fresh Daily

MONDAY	Meatball Sandwich
TUESDAY	Meatball Sandwich
WEDNESDAY	Meatball Sandwich
THURSDAY	Bagged Lunch
FRIDAY	Bagged Lunch

This institution is an equal opportunity provider.

Nutrition Information is available upon request.

CROSSROADS
CAFE
by sodexo

Taco & Nacho Bar!



A variety of Burritos, Tacos, Nachos and Rice Bowls can be created at this station!



Our Daily Vegetable Offering

Tater tots available on select days

- MONDAY** Taco & Nacho Bar
- TUESDAY** Taco & Nacho Bar
- WEDNESDAY** Taco & Nacho Bar
- THURSDAY** Bagged Lunch
- FRIDAY** Bagged Lunch

- MONDAY** Sautéed Spinach, Vegetable Medley
- TUESDAY** Stewed Okra, Baked Beans
- WEDNESDAY** Roasted Broccoli, Romaine Side Salad
- THURSDAY** Bagged Lunch
- FRIDAY** Bagged Lunch

Nutrition Information is available upon request.

