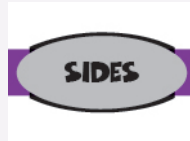


Sci High Lunch Menu

December 16th-20th, 2019

Our menus are aligned with the USDAs Healthier U.S. School Challenge.



A variety of sides offered daily!

Locally grown items are offered as available. Daily Fruit Choice may include: Apples, Bananas, Oranges, Dried Fruit, or Seasonal Choice. Milk Choice Includes: 1% Plain, Skim, Non-Fat Flavored.

Enjoy a Homestyle Meal
Made just for you



- MONDAY** Red Beans & Rice
- TUESDAY** Holiday Meal!
Ham, Cornbread
- WEDNESDAY** Manager's Special
- THURSDAY** No School
- FRIDAY** No School

Fresh Sandwiches/Subs
Made to order daily



- MONDAY** Bacon Chicken Wrap
- TUESDAY** Bacon Chicken Wrap
- WEDNESDAY** Manager's Special
- THURSDAY** No School
- FRIDAY** No School



A Variety of Specialty Salads
Served with WGR Bread or Crackers

- MONDAY** Caesar Salad
- TUESDAY** Caesar Salad
- WEDNESDAY** Manager's Special
- THURSDAY** No School
- FRIDAY** No School



Made Fresh Daily
Featuring your Favorite Toppings

- MONDAY** Cheese Pizza, Pepperoni Pizza
- TUESDAY** Cheese Pizza, Pepperoni Pizza
- WEDNESDAY** Manager's Special
- THURSDAY** No School
- FRIDAY** No School



Hot Grab N Go Items
Made Fresh Daily

- MONDAY** Crispy Chicken Sandwich
- TUESDAY** Crispy Chicken Sandwich
- WEDNESDAY** Manager's Special
- THURSDAY** No School
- FRIDAY** No School

This institution is an equal opportunity provider.

Nutrition Information is available upon request.



Mix It Up with a Fresh Salad!

V Fresh options to create a salad unique to you!



MONDAY	Salad Bar
TUESDAY	Salad Bar
WEDNESDAY	Manager's Special
THURSDAY	No School
FRIDAY	No School

Our Daily Vegetable Offering



MONDAY	Collard Greens, Glazed Carrots
TUESDAY	Mashed Potatoes, Green Beans
WEDNESDAY	Manager's Special
THURSDAY	No School
FRIDAY	No School

Nutrition Information is available upon request.

