

# Sci High November Breakfast Menu



Fruit choices may include: Apples, Bananas, Oranges, Seasonal Options.  
Milk Choices Include: 1% Plain, Non-Fat Plain, Non-Fat Flavored.  
Grits served on select days.

<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>
<b>Entree Choices</b> Breakfast Burrito Yogurt & Cereal Maple Brown Sugar Oatmeal -Fruit Choices- -Milk Choices-	<b>Entree Choices</b> French Toast Smoothie & Cereal Cinnamon Bagel Bar -Fruit Choices- -Milk Choices-	<b>Entree Choices</b> Western Scramble w/Toast Yogurt & Cereal Maple Brown Sugar Oatmeal -Fruit Choices- -Milk Choices-	<b>Entree Choices</b> Sausage Bagel Smoothie & Cereal Cinnamon Bagel Bar -Fruit Choices- -Milk Choices-	<b>Entree Choices</b> Egg Muffin Sandwich Yogurt & Cereal Maple Brown Sugar Oatmeal -Fruit Choices- -Milk Choices-
<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>
<b>Entree Choices</b> Waffles Yogurt & Cereal Maple Brown Sugar Oatmeal -Fruit Choices- -Milk Choices-	<b>Entree Choices</b> Breakfast on a Stick Smoothie & Cereal Cinnamon Bagel Bar -Fruit Choices- -Milk Choices-	<b>Entree Choices</b> Bacon Scramble w/Toast Yogurt & Cereal Maple Brown Sugar Oatmeal -Fruit Choices- -Milk Choices-	<b>Entree Choices</b> Mini Muffins Smoothie & Cereal Cinnamon Bagel Bar -Fruit Choices- -Milk Choices-	<b>Entree Choices</b> Egg & Sausage Biscuit Yogurt & Cereal Maple Brown Sugar Oatmeal -Fruit Choices- -Milk Choices-
<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>
<b>Entree Choices</b> Chicken Biscuit Yogurt & Cereal Maple Brown Sugar Oatmeal -Fruit Choices- -Milk Choices-	<b>Entree Choices</b> Parfait Smoothie & Cereal Cinnamon Bagel Bar -Fruit Choices- -Milk Choices-	<b>Entree Choices</b> Scrambled Eggs w/Toast Yogurt & Cereal Maple Brown Sugar Oatmeal -Fruit Choices- -Milk Choices-	<b>Entree Choices</b> Egg & Cheese Biscuit Smoothie & Cereal Cinnamon Bagel Bar -Fruit Choices- -Milk Choices-	<b>Entree Choices</b> Breakfast Burrito Yogurt & Cereal Maple Brown Sugar Oatmeal -Fruit Choices- -Milk Choices-
<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>
<b>NO SCHOOL THANKSGIVING BREAK</b>	<b>NO SCHOOL THANKSGIVING BREAK</b>	<b>NO SCHOOL THANKSGIVING BREAK</b>	<b>NO SCHOOL HAPPY THANKSGIVING!</b>	<b>NO SCHOOL THANKSGIVING BREAK</b>

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