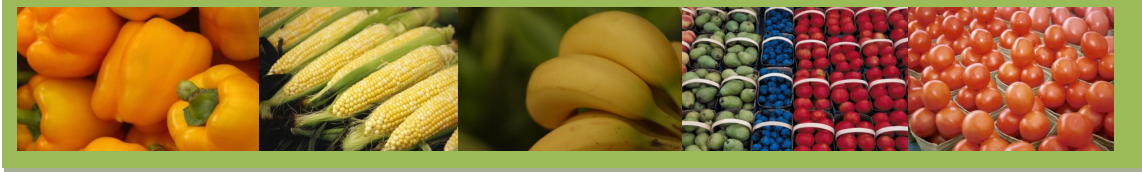


Sci High January Breakfast Menu



Fruit choices may include: Apples, Bananas, Oranges, Seasonal Options.
Milk Choices Include: 1% Plain, Non-Fat Plain, Non-Fat Flavored.
Grits served on select days.

<p>6 Entree Choices Waffles Yogurt & Cereal Maple Brown Sugar Oatmeal -Fruit Choices- -Milk Choices-</p>	<p>7 Entree Choices Breakfast on a Stick Smoothie & Cereal Cinnamon Bagel Bar -Fruit Choices- -Milk Choices-</p>	<p>8 Entree Choices Bacon Scramble w/Toast Yogurt & Cereal Maple Brown Sugar Oatmeal -Fruit Choices- -Milk Choices-</p>	<p>9 Entree Choices Mini Muffins Smoothie & Cereal Cinnamon Bagel Bar -Fruit Choices- -Milk Choices-</p>	<p>10 Entree Choices Egg & Sausage Biscuit Yogurt & Cereal Maple Brown Sugar Oatmeal -Fruit Choices- -Milk Choices-</p>
<p>13 Entree Choices Chicken Biscuit Yogurt & Cereal Maple Brown Sugar Oatmeal -Fruit Choices- -Milk Choices-</p>	<p>14 Entree Choices Parfait Smoothie & Cereal Cinnamon Bagel Bar -Fruit Choices- -Milk Choices-</p>	<p>15 Entree Choices Scrambled Eggs w/Toast Yogurt & Cereal Maple Brown Sugar Oatmeal -Fruit Choices- -Milk Choices-</p>	<p>16 Entree Choices Egg & Cheese Biscuit Smoothie & Cereal Cinnamon Bagel Bar -Fruit Choices- -Milk Choices-</p>	<p>17 Entree Choices Breakfast Burrito Yogurt & Cereal Maple Brown Sugar Oatmeal -Fruit Choices- -Milk Choices-</p>
<p>20 NO SCHOOL</p>	<p>21 Entree Choices Breakfast on a Stick Smoothie & Cereal Cinnamon Bagel Bar -Fruit Choices- -Milk Choices-</p>	<p>22 Entree Choices Bacon Scramble w/ Toast Yogurt & Cereal Maple Brown Sugar Oatmeal -Fruit Choices- -Milk Choices-</p>	<p>23 Entree Choices Chicken Biscuit Smoothie & Cereal Cinnamon Bagel Bar -Fruit Choices- -Milk Choices-</p>	<p>24 Entree Choices Breakfast Pizza Yogurt & Cereal Maple Brown Sugar Oatmeal -Fruit Choices- -Milk Choices-</p>
<p>27 Entree Choices Breakfast Burrito Yogurt & Cereal Maple Brown Sugar Oatmeal -Fruit Choices- -Milk Choices-</p>	<p>28 Entree Choices French Toast Smoothie & Cereal Cinnamon Bagel Bar -Fruit Choices- -Milk Choices-</p>	<p>29 Entree Choices Western Scramble w/Toast Yogurt & Cereal Maple Brown Sugar Oatmeal -Fruit Choices- -Milk Choices-</p>	<p>30 Entree Choices Sausage Bagel Smoothie & Cereal Cinnamon Bagel Bar -Fruit Choices- -Milk Choices-</p>	<p>31 NO SCHOOL</p>

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