Sci High December Breakfast Menu



Fruit choices may include: Apples, Bananas, Oranges, Seasonal Options. Milk Choices Include: 1% Plain, Non-Fat Plain, Non-Fat Flavored. Grits served on select days.

Entree Choices Breakfast Burrito Yogurt & Cereal Maple Brown Sugar Oatmeal -Fruit ChoicesMilk Choices-	3 Entree Choices French Toast Smoothie & Cereal Cinnamon Bagel Bar -Fruit ChoicesMilk Choices-	4 Entree Choices Western Scramble W/Toast Yogurt & Cereal Maple Brown Sugar Oatmeal -Fruit ChoicesMilk Choices-	5 Entree Choices Sausage Bagel Smoothie & Cereal Cinnamon Bagel Bar -Fruit ChoicesMilk Choices-	6 Entree Choices Egg Muffin Sandwich Yogurt & Cereal Maple Brown Sugar Oatmeal -Fruit ChoicesMilk Choices-
9 Entree Choices Waffles Yogurt & Cereal Maple Brown Sugar Oatmeal -Fruit ChoicesMilk Choices-	10 Entree Choices Breakfast on a Stick Smoothie & Cereal Cinnamon Bagel Bar -Fruit ChoicesMilk Choices-	Entree Choices Bacon Scramble W/Toast Yogurt & Cereal Maple Brown Sugar Oatmeal -Fruit ChoicesMilk Choices-	Entree Choices Mini Muffins Smoothie & Cereal Cinnamon Bagel Bar -Fruit ChoicesMilk Choices-	Entree Choices Egg & Sausage Biscuit Yogurt & Cereal Maple Brown Sugar Oatmeal -Fruit ChoicesMilk Choices-
16 Entree Choices Chicken Biscuit Yogurt & Cereal Maple Brown Sugar Oatmeal -Fruit ChoicesMilk Choices-	17 Entree Choices Parfait Smoothie & Cereal Cinnamon Bagel Bar -Fruit ChoicesMilk Choices-	18 Entree Choices Scrambled Eggs W/Toast Yogurt & Cereal Maple Brown Sugar Oatmeal -Fruit ChoicesMilk Choices-	19 NO SCHOOL WINTER BREAK	20 NO SCHOOL WINTER BREAK
23 NO SCHOOL WINTER BREAK	24 NO SCHOOL WINTER BREAK	25 NO SCHOOL WINTER BREAK	26 NO SCHOOL WINTER BREAK	27 NO SCHOOL WINTER BREAK

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