

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2
<u>Entrée Choices</u>
Red Beans & Rice
Pasta Bar
Pizza
Salad
<u>Vegetable Choices</u>
Collard Greens
Mixed Vegetables
Fruit
Milk

3
<u>Entrée Choices</u>
Pork Chop w/ Brown Rice
Pasta Bar
Hamburgers
Salad
<u>Vegetable Choices</u>
Glazed Carrots
Romaine Side Salad
Fruit
Milk

4
<u>Entrée Choices</u>
Breakfast for Lunch
Pasta Bar
Pizza
Salad
<u>Vegetable Choices</u>
Hash Browns
Baked Beans
Fruit
Milk

5
<u>Entrée Choices</u>
BBQ Chicken w/ Mac & Cheese
Pasta Bar
Hot Dogs
Salad
<u>Vegetable Choices</u>
Roasted Sweet Potatoes
Roasted Broccoli
Fruit
Milk

6
<u>Entrée Choices</u>
Meatball Sandwich
Pasta Bar
Pizza
Salad
<u>Vegetable Choices</u>
Tater Tots
Romaine Side Salad
Fruit
Milk

Fruit Choices may include: apples, oranges, pears, raisins, fruit juice, locally available items
Milk choices include: fat-free plain, 1% plain, fat-free chocolate

9
<u>Entrée Choices</u>
Baked Pasta
Baked Potato Bar
Pizza
Salad
<u>Vegetable Choices</u>
Sautéed Spinach
Roasted Broccoli
Fruit
Milk

10
<u>Entrée Choices</u>
Taco Tuesday
Baked Potato Bar
Hamburgers
Salad
<u>Vegetable Choices</u>
Black Beans
Steamed Corn
Fruit
Milk

11
<u>Entrée Choices</u>
Salisbury Steak w/ Mashed Potatoes
Baked Potato Bar
Pizza
Salad
<u>Vegetable Choices</u>
Mixed Vegetables
Romaine Side Salad
Fruit
Milk

12
<u>Entrée Choices</u>
Chicken & Waffles
Baked Potato Bar
Crispy Chicken Sandwich
Salad
<u>Vegetable Choices</u>
Baked Beans
Sweet Potato Fries
Fruit
Milk

13
<u>Entrée Choices</u>
Grilled Cheese & Gumbo
Baked Potato Bar
Pizza
Salad
<u>Vegetable Choices</u>
Tater Tots
Romaine Side Salad
Fruit
Milk

Fruit Choices may include: apples, oranges, pears, raisins, fruit juice, locally available items
Milk choices include: fat-free plain, 1% plain, fat-free chocolate

16
<u>Entrée Choices</u>
Manager's Special
Pasta Bar
Pizza
Salad
<u>Vegetable Choices</u>
Manager's Special
Fruit
Milk

17
<u>Entrée Choices</u>
Manager's Special
Pasta Bar
Hamburgers
Salad
<u>Vegetable Choices</u>
Manager's Special
Fruit
Milk

18
<u>Entrée Choices</u>
Manager's Special
Pasta Bar
Pizza
Salad
<u>Vegetable Choices</u>
Manager's Special
Fruit
Milk

19

20

Fruit Choices may include: apples, oranges, pears, raisins, fruit juice, locally available items
Milk choices include: fat-free plain, 1% plain, fat-free chocolate

23

24

25

26

27

Fruit Choices may include: apples, oranges, pears, raisins, fruit juice, locally available items
Milk choices include: fat-free plain, 1% plain, fat-free chocolate

30

31

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Fruit Choices may include: apples, oranges, pears, raisins, fruit juice, locally available items
Milk choices include: fat-free plain, 1% plain, fat-free chocolate

A Guide to Safety with School Meals in the Wake of COVID-19

As the world continues the long journey back to normalcy after the COVID-19 pandemic, many students are gearing up to start a new academic year faced with new, extraordinary challenges. The start of a school year can cause anxiety for both new and returning students and parents, and recent events have added reasonable concerns about health and

safety in the wake of the global pandemic that altered the way we live, work and learn. Sodexo understands these concerns, and we are committed to protecting the health and safety of everyone who eats in our schools, as well as all members of our foodservice staff.



Download our app for more information about our school lunches.

Phased Approach

The world will not return to normal overnight, and neither will our schools. Rather, we will move in steps toward a “new normal” that safeguards health while allowing school activities to resume. Our phased approach enables foodservice teams to proactively support each level of this transition with appropriate tools and techniques that strictly follow local, state, and federal guidelines.



Personal Protective Equipment (PPE)

Employees will wear masks and gloves.



Hand Washing

Staff will continue to wash hands frequently.



Team Member Health

Employees will regularly report on their health, including temperature checks.



Food Safety

Self-service options will be eliminated.



Sanitizing and Disinfecting

High-touch surfaces will be cleaned frequently with professional-grade products.

We know how difficult the last few months have been, and we recognize that students and parents may have reservations about dining outside the home. We want to assure you that our foodservice teams take every precaution to deliver safe, high-quality food in a carefully controlled environment. Safeguarding the health and well-being of every member of the school community is our highest priority. Although there may be challenges ahead as the world recovers, we are optimistic that together we can rise to these challenges. Driven by a confident resolve, Sodexo's careful and systematic approach will keep students, faculty, and staff, who eat our meals at school, safe and healthy.

Our foodservice facility prepares and serves some products which may contain ingredients identified as food allergens. For more information on food allergies, go to <http://www.foodallergy.org/>.

Fresh Pick Recipe

STRAWBERRY BANANA SANDWICHES (SERVES 4)

- 1/4 cup bananas (sliced)
- 1/2 cup strawberries (sliced)
- 4–2.4 oz. slices french toast
- 1/4 cup light cream cheese

1. Slice bananas and strawberries 1/4".
2. To build sandwich:
 - Spread 1 Tbsp cream cheese on each slice of frozen French toast.
 - Place 1/8 cup sliced banana on top of cream cheese on 1 slice of bread.
 - Top banana with 1/4 cup sliced strawberries.
 - Close sandwich with 2nd slice of bread.
 - Place sandwiches on parchment lined sheet pans.
3. At service, cut sandwiches in half diagonally.

NUTRITION FACTS:
175 calories, 5.59g fat,
280mg sodium, 2.66g fiber

Nutrition Information is available upon request.

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