

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2

3

4

5

6

Fruit Choices may include: apples, oranges, pears, raisins, fruit juice, locally available items
Milk choices include: fat-free plain, 1% plain, fat-free chocolate

9

Entrée Choices
Spaghetti & Meatballs
Pizza
Hamburgers
Salad
Vegetable Choices
Roasted Broccoli
Romaine Side Salad
Fruit
Milk

10

Entrée Choices
Chicken Nuggets w/ Mac & Cheese
Pizza
Turkey & Cheese Sandwich
Salad
Vegetable Choices
Sweet Potato Fries
Mixed Vegetables
Fruit
Milk

11

Entrée Choices
Taco Bar
Pizza
Hot Dog
Salad
Vegetable Choices
Steamed Corn
Black Beans
Fruit
Milk

12

Entrée Choices
Lemon Pepper Chicken w/ Brown
Rice
Pizza
Chicken Salad Wrap
Salad
Vegetable Choices
Mixed Vegetables
Baked Beans
Fruit

13

Entrée Choices
Grilled Cheese & Tomato Soup
Pizza
Crispy Chicken Sandwich
Salad
Vegetable Choices
Tater Tots
Romaine Side Salad
Fruit
Milk

Fruit Choices may include: apples, oranges, pears, raisins, fruit juice, locally available items
Milk choices include: fat-free plain, 1% plain, fat-free chocolate

16

Entrée Choices
Red Beans & Rice
Pizza
Hamburgers
Salad
Vegetable Choices
Collard Greens
Mixed Vegetables
Fruit
Milk

17

Entrée Choices
BBQ Pork Riblet w/ Mac & Cheese
Pizza
Bacon Chicken Wrap
Salad
Vegetable Choices
Glazed Carrots
Romaine Side Salad
Fruit
Milk

18

Entrée Choices
Pasta Bar
Pizza
Hot Dogs
Salad
Vegetable Choices
Mixed Vegetables
Roasted Broccoli
Fruit
Milk

19

Entrée Choices
Chicken & Waffles
Pizza
Ham & Cheese Sandwich
Salad
Vegetable Choices
Roasted Sweet Potatoes
Baked Beans
Fruit
Milk

20

Entrée Choices
Meatball Sandwich
Pizza
Crispy Chicken Sandwich
Salad
Vegetable Choices
Tater Tots
Romaine Side Salad
Fruit
Milk

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23

Entrée Choices
Baked Pasta
Pizza
Hamburgers
Salad
Vegetable Choices
Roasted Green Beans
Sauteed Spinach
Fruit
Milk

24

Entrée Choices
Chicken Nuggets w/ Mac & Cheese
Pizza
Turkey & Cheese Sandwich
Salad
Vegetable Choices
Sweet Potato Fries
Mixed Vegetables
Fruit
Milk

25

Entrée Choices
Baked Potato Bar
Pizza
Hot Dogs
Salad
Vegetable Choices
Steamed Corn
Romaine Side Salad
Fruit
Milk

26

Entrée Choices
Pork Chops w/ Brown Rice
Pizza
Chicken Salad Wrap
Salad
Vegetable Choices
Baked Beans
Glazed Carrots
Fruit
Milk

27

Entrée Choices
Grilled Cheese & Gumbo
Pizza
Crispy Chicken Sandwich
Salad
Vegetable Choices
Tater Tots
Romaine Side Salad
Fruit
Milk

Fruit Choices may include: apples, oranges, pears, raisins, fruit juice, locally available items
Milk choices include: fat-free plain, 1% plain, fat-free chocolate

30

Entrée Choices
White Beans & Rice
Pizza
Hamburgers
Salad
Vegetable Choices
Collard Greens
Mixed Vegetables
Fruit
Milk

31

Entrée Choices
Salsbury Steak w/ Brown Rice
Pizza
Bacon Chicken Wrap
Salad
Vegetable Choices
Mashed Potatoes
Roasted Squash
Fruit
Milk

Entrée Choices
Pasta Bar
Pizza
Hot Dog
Salad
Vegetable Choices
Roasted Broccoli
Romaine Side Salad
Fruit
Milk

Entrée Choices
BBQ Chicken w/ Mac & Cheese
Pizza
Ham & Cheese Sandwich
Salad
Vegetable Choices
Sweet Potato Fries
Baked Beans
Fruit
Milk

Entrée Choices
Fried Fish Sandwich
Pizza
Crispy Chicken Sandwich
Salad
Vegetable Choices
Tater Tots
Romaine Side Salad
Fruit
Milk

Fruit Choices may include: apples, oranges, pears, raisins, fruit juice, locally available items
Milk choices include: fat-free plain, 1% plain, fat-free chocolate

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2	3	4	5	6
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Fruit Choices may include: apples, oranges, pears, raisins, fruit juice, locally available items
Milk choices include: fat-free plain, 1% plain, fat-free chocolate

9	10	11	12	13
<p><u>Entrée Choices</u> Waffles Oatmeal</p> <p>Fruit Milk</p>	<p><u>Entrée Choices</u> Scrambled Eggs w/ Toast Nutrigrain Bar & Cereal</p> <p>Fruit Milk</p>	<p><u>Entrée Choices</u> Yogurt Parfait Bar Mini Muffins</p> <p>Fruit Milk</p>	<p><u>Entrée Choices</u> Breakfast on a Stick Cinnamon Bagel Bar</p> <p>Fruit Milk</p>	<p><u>Entrée Choices</u> Chicken Biscuit Yogurt & Cereal</p> <p>Fruit Milk</p>

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16	17	18	19	20
<p><u>Entrée Choices</u> French Toast Oatmeal</p> <p>Fruit Milk</p>	<p><u>Entrée Choices</u> Bacon Scramble w/ Toast Nutrigrain Bar & Yogurt</p> <p>Fruit Milk</p>	<p><u>Entrée Choices</u> Yogurt Parfait Bar Mini Muffins</p> <p>Fruit Milk</p>	<p><u>Entrée Choices</u> Egg & Cheese Bagel Cinnamon Bagel Bar</p> <p>Fruit Milk</p>	<p><u>Entrée Choices</u> Sausage Biscuit Yogurt & Cereal</p> <p>Fruit Milk</p>

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Milk choices include: fat-free plain, 1% plain, fat-free chocolate

23	24	25	26	27
<p><u>Entrée Choices</u> Waffles Oatmeal</p> <p>Fruit Milk</p>	<p><u>Entrée Choices</u> Scrambled Eggs w/ Toast Nutrigrain Bar & Cereal</p> <p>Fruit Milk</p>	<p><u>Entrée Choices</u> Yogurt Parfait Bar Mini Muffins</p> <p>Fruit Milk</p>	<p><u>Entrée Choices</u> Breakfast Pizza Cinnamon Bagel Bar</p> <p>Fruit Milk</p>	<p><u>Entrée Choices</u> Breakfast Burrito Yogurt & Cereal</p> <p>Fruit Milk</p>

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Milk choices include: fat-free plain, 1% plain, fat-free chocolate

30	31			
<p><u>Entrée Choices</u> French Toast Oatmeal</p> <p>Fruit Milk</p>	<p><u>Entrée Choices</u> Bacon Scramble w/ Toast Nutrigrain Bar & Yogurt</p> <p>Fruit Milk</p>	<p><u>Entrée Choices</u> Yogurt Parfait Bar Mini Muffins</p> <p>Fruit Milk</p>	<p><u>Entrée Choices</u> Egg & Cheese Bagel Cinnamon Bagel Bar</p> <p>Fruit Milk</p>	<p><u>Entrée Choices</u> Chicken Biscuit Yogurt & Cereal</p> <p>Fruit Milk</p>

Fruit Choices may include: apples, oranges, pears, raisins, fruit juice, locally available items
Milk choices include: fat-free plain, 1% plain, fat-free chocolate